

# Innovations Training

*Promoting Dignity and Respect. No Exceptions*

## Training for Bullying Prevention

Innovations "Training With a Can-Do Attitude"® is a company with which Edison has partnered to address the problem of bullying behavior in schools. The mission of Innovations is to promote respect and understanding among people and to help them grow personally and professionally through the development of insight and awareness.

Innovations bridges the gap between the spiritual and the bottom line, promoting Dignity and Respect, No Exceptions, through training and seminars, speaking engagements, human resources consulting, and writing.

## What Services does Innovations Offer?

- Teacher Training
- Parent University Presentations
- Student Awareness Workshops
- Assembly Programs
- Focus-Group Discussion Facilitation
- Curriculum and Training

**Choose a Training Option from the back of this sheet.**

Contact Stacey Newton for more information or to schedule training  
(212) 419 1788

**Edison**  
Schools

## What is Mobbing?

Mobbing is group bullying. It is a ganging up on someone using the tactics of rumor, innuendo, discrediting, isolating, intimidating, and above all, making it look as if the targeted person is responsible. As is typical of many abusive situations, the perpetrators maintain that the victim deserved it.

This term may be new to you but I'm sure you quickly recognize the behavior. If you are familiar with Stephen King's "Carrie", Arthur Miller's "The Crucible", or if you saw the movie "Dead Poets Society", you have seen examples of mobbing and what it can do.

Though the subject of books, plays, and movies, mobbing behavior is not fictional. This is real. Mobbing has a devastating effect on everyone it touches and has a ripple effect upon other people, their families, their communities and society at large. It contributes to isolation, physical or mental illness, depression, violent or self-destructive behavior, and mistrust. The targeted person may act inappropriately due to prolonged extreme stress.

Everyone saw bullies picking on kids in the school yard while we were growing up. This behavior has contributed to many acts of school violence, yet no one in the United States really paid much attention to it until recently. Though mobbing and bullying in schools has been going on for many years, children were not bringing weapons to school and murdering each other. It is amazing that we have been in such denial that we had to be told the obvious before anyone would take action. In this case, someone had to die and a finger directly pointed at this type of behavior before anyone would pay real attention to this issue.

The response to potential violence is often more reactive than proactive. Instead of creating awareness and promoting dignity and respect for all people, security systems and surveillance cameras are installed. Stiffer gun control laws are suggested. The plain truth is that many people are walking around with a deep anger inside of them and don't know why. I believe that one of the reasons is because so many have been treated like objects rather than as unique human beings for too long.

We don't have to wait until violence erupts to take action. The violence that is showcased in the media is extreme. What isn't reported is much more pervasive. Some are afraid of riding the school bus. Some are afraid to say something because they fear retaliation. Some are excluded and humiliated. Just because a person is not beaten up does not mean they are not being beaten up inside.

All you have to do is open the newspaper or turn on the evening news to know that we're on a collision course with something extremely unpleasant if we don't start changing the way we treat each other. Our children follow and expand upon the example we set for them.

Insight and awareness play a major role in change. So many people engage in this type of behavior without thinking. Prevention includes paying attention not only to what is going on around us but also to what we are doing.

I invite you to join me in an effort to spread awareness and to help our young people. Treating others with dignity and respect.. or not doing so, impacts the future for all of us.

— Gail Pursell Elliott, Innovations

# Innovations Training

*Promoting Dignity and Respect. No Exceptions*

## Training Options

**Pick an option that works best for your school:**

### **Option 1 - Full Day**

Three 60/75 Minute Assembly Programs

One per grade level

Afternoon workshop for teachers

Evening parent program

### **Option 2 - Evening Assembly**

2 Hour - Evening Assembly Program

For teachers, parents, and students

### **Option 3 - Half Day Student + Half Day Teacher**

Morning - Half Day Assembly Program for Students

Afternoon - Workshop for Teachers

Includes time for questions and discussion with facilitation questions so that students and teachers can split into groups after the presentation.

### **Option 4 - Half Day Assembly**

Back to Back 60 - 75 Minute Assembly Programs

One per grade level, teachers, counselors, etc. present.

### **Option 5 - Professionals Workshop**

School Professionals Workshop

For teachers, counselors, and other school workers

### **Option 6 - Eleven Day Program**

3 - 4 hour workshops twice per day for 10 days. One session per group.

Day 11: Mobbing Awareness Assembly Programs

### **Option 7 - Fourteen Day Program**

Two 2 hour sessions per group with "homework" between sessions

3 sessions per day for 13 days plus one session on day 14

Day 14: Mobbing Awareness Assembly Programs

Contact Stacey Newton for more information or to schedule training  
(212) 419 1788